



## **Post Op Instructions for Root Canal Therapy**

1. Refrain from chewing on root canal treated tooth for approximately 1 week as it will be sore. It is advisable to not use treated tooth to chew on harder foods until crown is placed on tooth as it could fracture.
2. Some swelling is possible, especially if tooth is infected. If an antibiotic was given take as directed. Let Dr. Watson know if there is any swelling.
3. For discomfort, use over-the-counter medications first. If a pain reliever was prescribed and the over-the-counter medications are not working, then take prescribed medications as instructions say. Do not drive or use alcohol in conjunction with narcotic medications as they can cause drowsiness.
4. Most root canal treated teeth will need a crown once the root canal is completed. Be sure you follow up on this treatment in order to prevent a crack or fracture in tooth.
5. Please let Dr. Watson know if there are any unusual symptoms.